


## 2021 Legacy Essay Competition

# Covid-19 - It's enough to drive you to drink

The relationship between alcohol and Covid is multifaceted. There is evidence that alcohol consumption has increased during lockdown, as have mental health problems. Services have been impacted. Some countries have in fact banned alcohol sales during this period. There is also a view that alcohol consumption may increase the risk of infection, for instance by causing disinhibition and reduced social distancing.

Your essay should consider both the effect of Covid on alcohol consumption and alcohol-related health harm and whether alcohol use increases Covid risk. Also discuss how we should best address problem drinking during the pandemic.



**The MCA Legacy Essay Competition** is held every year on a different alcohol related topic.

This competition is open to all UK medical students.

To view previous competitions please go to [www.m-c-a.org.uk](http://www.m-c-a.org.uk)

2021

## Legacy Essay Competition

Entrants must be current medical students in the United Kingdom.

Word count must not exceed 3,000 words, in the Vancouver referencing style (*references and title not included in word count*).

### The winning essays will receive:

<b>1st Place</b>	<b>£500</b>
<b>2nd Place</b>	<b>£300</b>
<b>3rd Place</b>	<b>£200</b>

All winners will be invited to attend the MCA 2020 AGM and CPD-approved Symposium and be awarded a signed certificate.

The winning essay will also be published in the MCA Annual Report.

## Application

To apply send your essay to [info@m-c-a.org.uk](mailto:info@m-c-a.org.uk) (*in MS Word format only*). Please remember to include the following:

- **Full name**
- **University/Medical School**
- **Name of course and year of study**
- **Contact telephone number**
- **Contact address**



**Opening date:** 1 January 2021

**Closing date:** 31 March 2021

## Contact Information

### The Medical Council on Alcohol

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**W:** [www.m-c-a.org.uk](http://www.m-c-a.org.uk)

 MCA London

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